# Influence of quark masses and strangeness degrees of freedom on inhomogeneous chiral phases 

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## Introduction

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- How about non-uniform phases?


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- Critical point $\rightarrow$ Lifshitz point [D. Nickel, PRL (2009)]


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NJL model, including inhomogeneous phase

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- 1st-order phase boundary completely covered by the inhomogeneous phase!
- Critical point $\rightarrow$ Lifshitz point [D. Nickel, PRL (2009)]
- Inhomogeneous phase rather robust under model extensions and variations [MB, S. Carignano, PPNP (2015)]


## Questions addressed in this talk:

- What is the effect of nonzero bare quark masses?
[MB, S. Carignano, PLB (2019); arxiv:1809.10066 [hep-ph]]
- What is the influence of strange quarks?
[S. Carignano, MB, arxiv:1910.03604 [hep-ph]]


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Inhomogeneous phase gets smaller but still reaches the CEP

- Can we investigate this more systematically?


## NJL Model

- Lagrangian: $\quad \mathcal{L}=\bar{\psi}(i \not \partial-m) \psi+G\left[(\bar{\psi} \psi)^{2}+\left(\bar{\psi} i \gamma_{5} \vec{\tau} \psi\right)^{2}\right]$


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- Bosonize: $\quad \sigma(x)=\bar{\psi}(x) \psi(x), \quad \vec{\pi}(x)=\bar{\psi}(x) i \gamma_{5} \vec{\tau} \psi(x)$

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\Rightarrow \quad \mathcal{L}=\bar{\psi}\left(i \not \partial-m+2 G_{S}\left(\sigma+i \gamma_{5} \vec{\tau} \cdot \vec{\pi}\right)\right) \psi-G\left(\sigma^{2}+\vec{\pi}^{2}\right)
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- Mean-field approximation:

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\sigma(x) \rightarrow\langle\sigma(x)\rangle \equiv \phi_{S}(\vec{x}), \quad \pi_{a}(x) \rightarrow\left\langle\pi_{a}(x)\right\rangle \equiv \phi_{P}(\vec{x}) \delta_{a 3}
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- $\phi_{S}(\vec{X}), \phi_{P}(\vec{X})$ time independent classical fields
- retain space dependence !


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- $\phi_{S}(\vec{X}), \phi_{P}(\vec{X})$ time independent classical fields
- retain space dependence !
(towards studying inhomogeneous phases beyond mean-field approximation:
$\rightarrow$ Martin Steil's talk after the coffee break)


## Mean-field thermodynamic potential

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\Omega_{M F}(T, \mu)=-\frac{T}{V} \log \mathcal{Z}(T, \mu)=-\frac{T}{V} \operatorname{Tr} \log \left(\frac{S^{-1}}{T}\right)+G \frac{1}{V} \int d^{3} x\left(\phi_{S}^{2}(\vec{x})+\phi_{P}^{2}(\vec{x})\right)
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- Tr: functional trace over Euclidean $V_{4}=\left[0, \frac{1}{T}\right] \times V$, Dirac, color, and flavor
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- Ginzburg-Landau expansion:
= expansion in small amplitudes and gradients of the order parameter function
(2) valid only near the LP
(-) no ansatz functions for $\phi_{S}(\vec{x})$ and $\phi_{P}(\vec{X})$ needed


## Tricritical and Lifshitz point in the chiral limit

- GL expansion: $\Omega[M]=\Omega[0]+\frac{1}{V} \int_{V} d^{3} x\left\{\alpha_{2}|M|^{2}+\alpha_{4, a}|M|^{4}+\alpha_{4, b}|\vec{\nabla} M|^{2}+\ldots\right\}$
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case 1.1: $\alpha_{4, a}>0$
- $\alpha_{2}>0 \Rightarrow$ restored phase



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- $\alpha_{2}<0 \Rightarrow$ hom. broken phase




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- case 2: $\alpha_{4, b}<0$
- inhomogeneous phase possible


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Lifshitz point (LP): $\quad \alpha_{2}=\alpha_{4, b}=0$

## Away from the chiral limit

- $m \neq 0$ : no chirally restored solution $M=0$
$\rightarrow$ expand about a priory unknown spatially constant mass $M_{0}(T, \mu)$ :

$$
\Omega[M]=\Omega\left[M_{0}\right]+\frac{1}{V} \int d^{3} x\left(\alpha_{1} \delta M+\alpha_{2} \delta M^{2}+\alpha_{3} \delta M^{3}+\alpha_{4, a} \delta M^{4}+\alpha_{4, b}(\nabla \delta M)^{2}+\ldots\right)
$$

- small parameters: $\delta M(\vec{x}) \equiv M(\vec{x})-M_{0}, \quad|\nabla \delta M(\vec{x})|$
- GL coefficients: $\alpha_{j}=\alpha_{j}\left(T, \mu, M_{0}\right)$
- odd powers allowed
- require $M_{0}=$ extremum of $\Omega$ at given $T$ and $\mu$

$$
\Rightarrow \alpha_{1}\left(T, \mu, M_{0}\right)=0 \quad \rightarrow \quad M_{0}=M_{0}(T, \mu) \quad(=\text { homogeneous gap equation })
$$

## CEP and pseudo Lifshitz point

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- 2 minima +1 maximum $\rightarrow 1$ minimum

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\Rightarrow \quad \text { critical endpoint (CEP): } \quad \alpha_{2}=\alpha_{3}=0
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- spinodals: left: $\alpha_{2}=0, \alpha_{3}<0$, right: $\alpha_{2}=0, \alpha_{3}>0$,


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- strictly: only two phases - homogeneous and inhomogeneous $\Rightarrow$ no LP
- 2nd-order phase boundary between inhom. and hom. phase: $\delta M(\vec{x}) \rightarrow 0$
- pseudo Lifshitz point (PLP): $\quad \delta M(\vec{x}) \rightarrow 0, \nabla \delta M(\vec{x}) \rightarrow 0$

$$
\Rightarrow \quad \text { PLP: } \quad \alpha_{2}=\alpha_{4, b}=0
$$

## Summarizing: <br> GL analysis of critical and Lifshitz points

- chiral limit ( $m=0$ ):
- expansion about $M=0$
- TCP: $\alpha_{2}=\alpha_{4, a}=0$
- LP: $\alpha_{2}=\alpha_{4, b}=0$
- away from the chiral limit ( $m \neq 0$ ):
- expansion about $M_{0}(T, \mu)$ solving $\alpha_{1}\left(T, \mu, M_{0}\right)=0$
- CEP: $\alpha_{2}=\alpha_{3}=0$
- PLP: $\alpha_{2}=\alpha_{4, b}=0$


## GL coefficients

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\begin{aligned}
\alpha_{1} & =\frac{M_{0}-m}{2 G}+M_{0} F_{1}, \quad \alpha_{2}=\frac{1}{4 G}+\frac{1}{2} F_{1}+M_{0}^{2} F_{2}, \quad \alpha_{3}=M_{0}\left(F_{2}+\frac{4}{3} M_{0}^{2} F_{3}\right), \\
\alpha_{4, a} & =\frac{1}{4} F_{2}+2 M_{0}^{2} F_{3}+2 M_{0}^{4} F_{4}, \quad \alpha_{4, b}=\frac{1}{4} F_{2}+\frac{1}{3} M_{0}^{2} F_{3}
\end{aligned}
$$

- $F_{n}=8 N_{c} \int \frac{d^{3} p}{(2 \pi)^{3}} T \sum_{j} \frac{1}{\left[\left(i \omega_{j}+\mu\right)^{2}-\vec{p}^{2}-M_{0}^{2}\right]^{n}}, \quad \omega_{j}=(2 j+1) \pi T$


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- chiral limit:
- $m=0 \Rightarrow M_{0}=0$ solves gap equation $\alpha_{1}=0$
- $M_{0}=0 \Rightarrow \alpha_{3}=0$ (no odd powers)
- $M_{0}=0 \Rightarrow \alpha_{4, a}=\alpha_{4, b} \Rightarrow$ TCP = LP [Nickel, PRL (2009)]


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- towards the chiral limit:
- $M_{0} \rightarrow 0 \Rightarrow \alpha_{3}, \alpha_{4 b a}, \alpha_{4, b} \propto F_{2} \Rightarrow$ CEP $\rightarrow$ TCP $=\mathrm{LP}$


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The CEP coincides with the PLP!

## Results

[MB, S. Carignano, PLB (2019)]

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- phase diagram for $m=10 \mathrm{MeV}$ :



## Results

[MB, S. Carignano, PLB (2019)]

- phase diagram for $m=10 \mathrm{MeV}$ :

- dominant instability in the scalar channel


## Mass dependence

- position of the CEP=PLP for different $m$ :



## Quark-meson model

## [L. Kurth, Master's theis project, ongoing]



- Instability in the scalar channel remains well beyond physical masses.


## Including strange quarks

## Motivation

- 2-flavor NJL: TCP $\rightarrow$ LP, CEP $\rightarrow$ PLP

[D. Nickel, PRD (2009)]


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[from de Forcrand et al., POSLAT 2007]


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- Here: Ginzburg-Landau study for 3-flavor NJL


## 3-flavor NJL model

- Lagrangian: $\quad \mathcal{L}=\bar{\psi}(i \not \partial-\hat{m}) \psi+\mathcal{L}_{4}+\mathcal{L}_{6}$
- fields and bare masses: $\psi=(u, d, s)^{T}, \quad \hat{m}=\operatorname{diag}_{f}\left(m_{u}, m_{d}, m_{s}\right)$
- 4-point interaction: $\quad \mathcal{L}_{4}=G \sum_{a=0}^{8}\left[\left(\bar{\psi} \tau_{a} \psi\right)^{2}+\left(\bar{\psi} i \gamma_{5} \tau_{a} \psi\right)^{2}\right]$
- 6-point ('t Hooft) interaction: $\mathcal{L}_{6}=-K\left[\operatorname{det}_{f} \bar{\psi}\left(1+\gamma_{5}\right) \psi+\operatorname{det}_{f} \bar{\psi}\left(1-\gamma_{5}\right) \psi\right]$


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- Mean fields:
- light sector: $\langle\bar{u} u\rangle=\langle\bar{d} d\rangle \equiv \sigma_{\ell}, \quad\left\langle\bar{u} i \gamma_{5} u\right\rangle=-\left\langle\bar{d} i \gamma_{5} d\right\rangle \equiv \pi_{\ell}$
- strange sector: $\langle\bar{s} s\rangle \equiv \sigma_{s}, \quad\left\langle\bar{s} i \gamma_{5} s\right\rangle=0$
- no flavor-nondiagonal mean fields
- allow for inhomogeneities: $\quad \sigma_{\ell}=\sigma_{\ell}(\vec{x}), \quad \pi_{\ell}=\pi_{\ell}(\vec{x}), \quad \sigma_{s}=\sigma_{s}(\vec{x})$


## Mean-field Thermodynamic Potential

- $\Omega_{M F}(T, \mu)=-\frac{T}{V} \operatorname{Tr} \log \left(i \not \partial+\mu \gamma^{0}-\hat{M}\right)+\frac{1}{V} \int d^{3} \times \mathcal{V}(\vec{x})$
- $\hat{M}_{u, d}(\vec{X})=m_{\ell}-\left[4 G-2 K \sigma_{s}(\vec{x})\right]\left(\sigma_{\ell}(\vec{x}) \pm i \gamma^{5} \pi_{\ell}(\vec{x})\right)$
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- $K=0$ : light and strange sectors decouple!
- Chiral density wave ansatz for the light sector:

$$
\begin{aligned}
& \sigma_{\ell}(\vec{x})=\sigma_{0} \cos (\vec{q} \cdot \vec{x}), \quad \pi_{\ell}(\vec{x})=\sigma_{0} \sin (\vec{q} \cdot \vec{x}), \quad m_{\ell}=0 \\
& \sigma_{s}=\text { const. } \\
& \Rightarrow \quad \hat{M}_{\ell}=M_{0} \exp \left(i \gamma^{5} \tau^{3} \vec{q} \cdot \vec{x}\right), \quad M_{0}=-\left(4 G-2 K \sigma_{s}\right) \sigma_{0}, \\
& M_{s}=\text { const., }
\end{aligned}
$$

consistent with the literature [Moreira et al., PRD (2014)]

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\rightarrow \quad \Omega_{M F}\left[\sigma_{\ell}, \pi_{\ell}, \sigma_{s}\right]=\Omega\left[0,0, \sigma_{s}^{(0)}\right]+\frac{1}{V} \int d^{3} x \omega_{G L}\left(\Delta_{\ell}, \Delta_{s}\right),
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- Expand $\omega_{G L}$ in $\Delta_{\ell}, \Delta_{s}$ and their gradients.
- $\left[\Delta_{i}\right]=$ (mass) $\rightarrow$ counting scheme: $\mathcal{O}(\vec{\nabla})=\mathcal{O}\left(\Delta_{i}\right)$


## Ginzburg-Landau potential

- Resulting structure:

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\omega_{G L} & =\alpha_{2}\left|\Delta_{\ell}\right|^{2}+\alpha_{4, a}\left|\Delta_{\ell}\right|^{4}+\alpha_{4, b}\left|\vec{\nabla} \Delta_{\ell}\right|^{2} \\
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- CP: $\alpha_{2}=\alpha_{4, a}-\frac{\gamma_{3}^{2}}{4 \beta_{2}}=0, \quad$ LP: $\alpha_{2}=\alpha_{4, b}=0 \quad$ CP and LP split for $\gamma_{3} \neq 0$ !


## GL coefficients

$$
\begin{aligned}
\alpha_{2} & =(1+\delta)\left[\frac{1}{4 G}+\frac{1}{2}(1+\delta) F_{1}(0)\right] \\
\alpha_{4, a} & =\frac{1}{4}(1+\delta)^{4} F_{2}(0)+\frac{1}{4} \kappa^{2}\left(F_{1}\left(M_{s, 0}\right)+2 M_{s, 0}^{2} F_{2}\left(M_{s, 0}\right)\right) \\
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$-F_{n}(M)=8 N_{c} \int \frac{d^{3} p}{(2 \pi)^{3}} T \sum_{j} \frac{1}{\left[\left(i \omega_{j}+\mu\right)^{2}-\vec{p}^{2}-M^{2}\right]^{n}}, \quad M_{s, 0}=m_{s}-2 G M_{s, 0} F_{1}\left(M_{s, 0}\right)$

- $\kappa=\frac{K}{8 G^{2}}, \quad \delta=\kappa\left(M_{s, 0}-m_{s}\right)$
- Interesting limit: $K=0 \Rightarrow \kappa=\delta=0 \Rightarrow \alpha_{4, a}=\alpha_{4, b}, \quad \gamma_{3}=0 \Rightarrow$ CP=LP


## Results

[S. Carignano, MB, arXiv:1910.03604]

- realistic parameters (fitted to vacuum meson spectrum):



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- realistic parameters (fitted to vacuum meson spectrum):

- splitting between CP and LP small
- hom. 1st-order phase boundary completely covered by inhom. phase


## Parameter dependence



- sizeable splitting between CP and LP at small $m_{s}, \mathrm{CP} \rightarrow T$-axis, as expected
- very weak $K$ dependence at physical $m_{s}$


## Conclusions

- Ginzburg-Landau analysis of the effect of bare quark masses and strange quarks the inhomogeneous chiral phase in the NJL model
- nonzero $m_{u, d}$ :
- PLP coincides with CEP
- dominant instability towards inhomogeneities in the scalar channel
- numerical result: inhomogeneous phase survives large (higher than physical) quark masses
- similar results for the quark-meson model
- strange quarks:
- CP and LP no longer agree as a consequence of the axial anomaly
- numerical result: effect small for realistic $m_{s}$
- QCD?


## Inhomogeneous chiral phases in QCD?

## DSE (2 flavors)

[Müller et al. PLB 2013]


FRG (2+1 flavors)
[Fu et al. arXiv:1909.02991]


- DSE (simple truncation): similar to NJL
- FRG: region with $Z_{\phi}(0) \propto \alpha_{4, b}<0$

