**Brainstorming workshop: Deciphering the equation of state using gravitational waves from astrophysical sources**

# Probing dense matter inside NSs through free precession and dynamical tides

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#### Outline

• Neutron stars (NSs): EoS and global properties of NSs

• Precession of NSs: modelling and observations

• Dynamical tides in BNS inspiral

• Summary and outlook

#### NS—Laboratory for extreme physics



- **Gravity**, curves the spacetime, source for gravitational waves (GWs)
- **Strong interaction, determines the internal composition and state**
- **Electromagnetism**, makes pulsars' pulses and magnetars' flares
- **Weak interaction**, cools down the star

#### The many faces of NSs



#### GW170817 and multimessenger astronomy



Abbott et al., PRL, 2017 LIGO Scientific Collaboration et al., ApJL, 2017

#### The EoS models of NSs



Conventional NS models

- Nucleon star: *npeμ* matter
- New freedom in the inner core: hyperons? mesons? quarks?

• Strange quark matter (SQM)

**Witten's conjecture:** Quark matter composed of nearly equal number of  $u, d, s$  quarks is the ground state of strong matter

• Quark stars (QSs) in simple MIT bag model



#### Mass-radius relation of NSs



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#### Mass-radius relation of NSs

• Non-pulsed emission from whole surface—measure surface area; Quiescent LMXBs, X-ray Bursts (Chandra, XMM, HXMT, Athena)<br> $R_{obs} = \left(\frac{F_{bol}}{F_{bol}}\right)^{1/2}$ 



me • Pulsed emission—look for effects of gravitational field (i.e. mass and radius) on time variations of flux; millisecond period X-ray pulsars (NICER) PSR J0348+0432 on time variations of flux; millisecond period X-ray pulsars (NICER)



#### Deformed NSs







 $\frac{9}{2}$ Hinderer, ApJ, 2008; Hinderer & Flanangan, PRD, 2008; Damour & Nagar, PRD, 2009

#### Moment of inertia (MoI) measurements



Measure MoI from Lense-Thirring precession

$$
\dot{\omega}^{\text{intr}} = \dot{\omega}^{\text{1PN}} + \dot{\omega}^{\text{2PN}} + \dot{\omega}^{\text{LT,A}} \n= \frac{3\beta_0^2 n_\text{b}}{1 - e_\text{T}^2} \left[ 1 + f_\text{O} \beta_0^2 - g_\text{S_A}^{\parallel} \beta_\text{O} \beta_\text{S_A} \right]
$$

$$
\beta_{\text{S}_{\text{A}}} = \frac{cI_{\text{A}}\Omega_{\text{A}}}{Gm_{\text{A}}^2}
$$
 Mol (EoS) dependent

Damour & Schaeffer, Nuovo Cimento B Serie, 1988 Gao et al., MNRAS, 2022



#### Tidal constraints from GW170817



Abbott et al., PRL, 2017, 2019; Gao et al., MNRAS, 2022

### Go beyond global properties



Solid components, elasticity,  $\mu \sim 10^{29} - 10^{30}$  erg cm<sup>-3</sup>

Superfluidity: Fermi surface phenomenon, important for pulsar glitch

QCD phase transition: dynamics of BNS inspiral/merger and CCSN, maybe more?

#### Non-hydro deformations: mountains

 $I_3 - I_0$  $I_{0}$ 



$$
\epsilon_{\rm c} = bu = 10^{-6} \left(\frac{b}{10^{-6}}\right) \left(\frac{\sigma_{\rm break}}{10^{-1}}\right)
$$

$$
\epsilon_{\rm B} \approx \kappa \frac{B^2 R^3}{GM^2/R} = 1.9 \times 10^{-6} \kappa B_{15}^2
$$

Cutler et al., PRD, 2003; Gittins et al., MNRAS, 2021 Lander & Jones, MNRAS, 2009; Lasky & Melatos, PRD, 2014; Zanazzi & Lai, MNRAS, 2015

- Important information on NS crust physics: shear modulus & breaking strain
- Information on NS internal magnetic field configuration and strength

#### Non-hydro deformations: mountains

$$
\epsilon = \frac{I_3 - I_0}{I_0} \qquad \qquad h \approx 8 \times 10^{-28} \left(\frac{\epsilon}{10^{-6}}\right) \left(\frac{f}{100 \text{ Hz}}\right)^2 \left(\frac{10 \text{kpc}}{d}\right)
$$



#### Free precession of NSs



Free precession of a biaxial star

Jones & Andersson, MNRAS, 2001, 2002 Link & Epstein, ApJ, 2001

• Precession happens if some deformation pieces are not aligned with the rotation bulges

> ellipticity  $\epsilon =$  $\Delta I_{\rm d}$  $I_{0}$

wobble angle: *θ*

The ellipticity for NSs is quite small

 $\epsilon \ll 10^{-4}$  from current calculations

 $\theta_1 \sim \epsilon \theta$ ,  $\omega$  and L are nearly aligned

**• Two superimposed motion:**

$$
\omega = \omega_r \hat{L} - \omega_p \hat{e}_3 \qquad \omega_p = \epsilon \cos \theta \omega_r
$$

$$
Precision period P_f = \frac{P}{\epsilon \cos \theta}
$$

#### Precession of NSs

**Superfluid does not support long precession period without damping**

• A **perfectly pinned** superfluid, the Euler equation

$$
\dot{\boldsymbol{L}}_{\rm c} + \boldsymbol{\omega} \times \boldsymbol{L}_{\rm c} = -\boldsymbol{\omega} \times \boldsymbol{L}_{\rm f} \qquad \longrightarrow \qquad \boldsymbol{\omega}_{\rm p} \sim -\left(\boldsymbol{\epsilon} + \frac{I_{\rm f}}{I_{\rm c}}\right)\boldsymbol{\omega}
$$

**Pinning gives a precession frequency too fast!**

• "Mutual friction" between superfluid and crust leads to **damping of free precession**

$$
\frac{dJ_{\text{shell}}}{dt} = K(\Omega_{\text{fluid}} - \Omega_{\text{solid}}) = -\frac{dJ_{\text{fluid}}}{dt}
$$

• Challenge our current understanding of superfluid state in NS interior

#### Possible evidence



PSR B1828-11: radio timing and beam shape

*P*<sub>f</sub> ∼ 500 days  $\epsilon$  ~ 10<sup>-8</sup>

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Indication of strong internal toroidal

magnetic field in the order of  $10^{16}$  G

#### Precession of magnetars: dynamics



- Large deformation due to strong internal magnetic field  $\epsilon$ <sub>B</sub>  $\approx \kappa$  $B^2R^3$ *GM*<sup>2</sup> /*R*  $= 1.9 \times 10^{-6} \kappa B_{15}^2$
- They are young and very active, energetic process may excite wobble angle and precession

Levin et al., ApJ, 2020

- Internal magnetic fields are complex, multipoles
- Possible elastic deformation + magnetic deformation

We need solution for triaxial stars

.<br>İ  $L + \omega \times L = 0$ 

$$
\epsilon \equiv \frac{I_3 - I_1}{I_1}, \quad \delta \equiv \frac{I_3 (I_2 - I_1)}{I_1 (I_3 - I_2)}, \quad \theta \equiv \arccos \frac{L_3}{L}
$$

- Precession + Rotation + **Nutation**
- The solutions are **not harmonic**, can be represented by **Jacobi elliptic functions**

Landau & Lifshitz, Mechanics, 1960

#### Precession of magnetars: dynamics

• Large magnetic field indicates large electromagnetic torques

**The near-field torque**

**The far-field torque (spindown torque)**

$$
N_{\rm m} = \frac{3\omega^2\mu^2}{5Rc^2} (\hat{\boldsymbol{\omega}} \cdot \hat{\boldsymbol{\mu}})(\hat{\boldsymbol{\omega}} \times \hat{\boldsymbol{\mu}})
$$





*ω μ N*rad *α*

Does not dissipate energy, but changes the geometry

Dissipates energy (spindown) and changes the geometry

Goldreich, ApJ, 1970; Melatos, MNRAS, 2000; Beskin & Zheltoukhov, Phys. Usp. 2014; Zanazzi & Lai, MNRAS, 2015

#### Precession of magnetars: dynamics



$$
\tau_{\rm f} \sim \frac{P}{\epsilon} = 1.58 P_5 \epsilon_7^{-1} \, \text{yr}
$$

$$
\tau_{\rm f}\,,\,\tau_{\rm m}\,\ll\tau_{\rm rad}
$$

- Far-field torque can be obtained by perturbation method
- $\tau_{\rm m}$  can be in the same order of  $\tau_f$ , can be absorbed into the moment of inertia tensor of the star

We give **fully analytical** solution of forced precession

### Timing residual

Gao et al., MNRAS, 2023  $\tau$ 



• The rotation phase  $\Phi$  is different in different precession epoch

Phase modulations and timing residuals  $\Delta P_{\text{fp}}$ *P*  $=$  Geometric factor  $\times$ *P τ*f  $\Delta P_{\rm sd}$ *P* = Geometric factor × *τ*f *τ*rad

Spindown term dominates ( $\epsilon = 10^{-7}$ )



Geometric term dominates ( $\epsilon = 10^{-4}$ )



#### Modulations on polarized electromagnetic waves



• The angle  $\alpha$  changes periodically with precession period  $P_f$ 

Swing of the emission region

Modulate flux, profile, **polarization**,…

#### Modulations on polarized radio emission



• Radio emission detected in transient magnetars, highly

linearly polarized (60%-100%)



#### A freely precessing magnetar after X-ray burst



Desvignes et al., Nature Astronomy, 2024



#### A freely precessing magnetar after X-ray burst

XTE J1810-197, obtained from radio polarization



Desvignes et al., Nature Astronomy, 2024

1. Ellipticity decay model 2.Frictional coupling model

$$
P_{\rm f} \sim \frac{P}{\epsilon(t)}
$$

.<br>T

·

$$
L_{\rm c} + \omega_{\rm c} \times L_{\rm c} = N_{\rm int}
$$
  

$$
\dot{L}_{\rm f} + \omega_{\rm c} \times L_{\rm f} = -N_{\rm int}
$$
  

$$
N_{\rm int} = K \left( \Omega_{\rm f} - \omega_{\rm c} \right)
$$



### A freely precessing magnetar after X-ray burst



#### Modulations on polarized X-ray

**• Surface emission from magnetar is thought as highly polarized**



#### The effects of vacuum birefringence

What if the X-ray radiation comes from different patches on the NS surface or even the whole star?

The modulations on the flux may be "destroyed," but polarization is different



Credit: Dong Lai

QED effect (*B* > *B*<sub>c</sub> = 4.4 × 10<sup>13</sup> G)

• Evolve adiabatically along the direction of the magnetic field up to the "polarization limiting radius"

Heyl & Shaviv, PRD, 2002; Lai & Ho, PRL, 2003

- The polarization state can still vary periodically in the precession condition
- **IXPE** has conducted first observation of magnetar 4U 0142+61 X-ray polarization

Taverna et al., Science, 2022



+ Tidal excitation of various oscillation mode

$$
\left(\rho \frac{\partial^2}{\partial t^2} + \mathcal{L}\right)\vec{\xi} = -\rho \nabla U \qquad U = -GM' \sum_{lm} W_{lm} \frac{r^l}{D(t)^{l+1}} e^{-im\Phi(t)} Y_{lm}(\theta, \phi) \qquad \text{Long Lai, MNRAS, 1994}
$$

$$
\vec{\xi}(\mathbf{r},t) = \sum a_{\alpha}(t)\vec{\xi}_{\alpha}(\mathbf{r}) \qquad \left(\mathcal{L} - \rho \omega_{\alpha}^2\right)\vec{\xi}_{\alpha}(\mathbf{r}) = 0
$$

$$
\ddot{a}_{\alpha} + \omega_{\alpha}^{2} a_{\alpha} = \frac{GM_{2}W_{lm}Q_{\alpha}}{D^{l+1}}e^{-im\Omega_{\text{ort}}t}
$$

$$
Q_{nl} = \int d^3x \rho \xi_{nlm}^* \cdot \nabla \left[ r^l Y_{lm}(\theta, \phi) \right]
$$
  
= 
$$
\int_0^R \rho l r^{l+1} dr \left[ \xi_{nl}^r(r) + (l+1) \xi_{nl}^1(r) \right]
$$

$$
\omega_{\alpha} \gg m\Omega_{\text{orb}} \quad a_{\alpha} \sim \frac{e^{i\Omega_{\text{orb}}t}}{\omega_{\alpha}^2 D^{l+1}}
$$

Static/adiabatic tides Dynamical tides (resonance)

$$
a_{\alpha} \sim \frac{e^{i\Omega_{\rm orb}t}}{\left(\omega_{\alpha}^2 - m^2 \Omega_{\rm orb}^2\right)D^{l+1}}
$$

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**Interaction Zone Full GR Post Newtonian** expansion of dynamics M. R **Buffer Zone**  $Q_{ij}$ ,  $\mathscr{E}_{ij}$ 

(*r*)] **Tidal overlapping function**

GWs from oscillations are faint, only detectable (possibly) for supernova or pulsar glitch process

$$
t_{\rm res} \simeq 0.01 s \mathcal{M}_{1.2}^{-5/6} f_{600}^{-11/6} \ll t_D \simeq 0.1 s \mathcal{M}_{1.2}^{-5/3} f_{600}^{-8/3}
$$

The energy transferred from orbital to oscillation

$$
\Delta E \simeq 5 \times 10^{49} \,\text{erg} \, f_{600}^{1/3} Q_{0.01}^2 M_{1.4}^{-2/3} R_{12}^2 q \left(\frac{2}{1+q}\right)^{5/3}
$$

Phase shift in gravitational waves

$$
\delta\Phi = \frac{\omega_{\text{mode}}\Delta E}{P_{\text{GW}}} \simeq -0.12 f_{600}^2 Q_{0.01}^2 M_{1.4}^{-4} R_{12}^2 \frac{2q}{1+q}
$$

$$
a_{\alpha} \sim \frac{e^{i\Omega_{\text{orb}}t}}{\left(\omega_{\alpha}^2 - m^2 \Omega_{\text{orb}}^2\right)D^{l+1}} \qquad Q_{nl} = \int_0^R \rho l r^{l+1} dr \left[\xi_{nl}^r(r) + (l+1)\xi_{nl}^1(r)\right]
$$

Two things matter: mode oscillation frequency and tidal overlapping function, ideal case: low frequency and large overlapping function (eigenfunction should be as similar as  $r^l$ )

For spherical two component NSs (solid crust and fluid core), we mainly have the following fluid/solid oscillation mode

- $\bullet$  Shear (s,t) modes: driven by elastic forces in the crust.
- Pressure  $(p)$  modes: driven by pressure.
- Fundamental  $(f)$  mode: (aka "Kelvin mode") the first (nodeless)  $p$ -mode.
- Gravity ( $g$ ) modes: driven by buoyancy (thermal/composition gradients).





Pasamonti & Andersson, MNRAS, 2021

$$
E = E_{k} + E_{p} = \frac{1}{2} \sum \mathcal{A}_{n}^{2} \left( \left| \dot{a}_{n}(t) \right|^{2} + \omega_{n}^{2} \left| a_{n}(t) \right|^{2} \right)
$$



Interfacial mode: due to discontinuity in density (g mode) or shear modulus

$$
f_{\rm N} = g_{\rm N} \rho \frac{dp}{dr} \left( \frac{1}{\Gamma_0 p} - \frac{1}{\rho} \frac{\Delta \rho}{\Delta p} \right) \delta r \qquad \gamma \equiv \frac{\Delta p}{\Delta \rho} \frac{\rho + p}{p}
$$



Interfacial mode: due to discontinuity in density (g mode) or shear modulus



Interfacial mode: due to discontinuity in density (g mode) or shear modulus



Tsang et al., PRL, 2012; Pan et al., PRL, 2020

$$
E_{\text{max}} \simeq 5 \times 10^{50} \text{ erg } f_{188}^{1/3} Q_{0.04}^2 M_{1.4}^{-2/3} R_{12}^2 q \left(\frac{2}{1+q}\right)^{5/3}
$$

$$
E_b = \left(2\pi f_{\text{mode}}\right)^2 \int d^3x \rho \xi_b^* \cdot \xi_b \simeq 5 \times 10^{46} \text{ erg } \epsilon_{0.1}^2
$$

Energy to crack the crust Trigger global oscillation

 $f_{\text{mode}}$  [Hz]

188

170

67.3

69.1

32.0

28.8

 $\mathcal{Q}$ 

0.041

0.061

0.017

0.053

0.059

0.060

**EOS** 

SLy4

**APR** 

SkI<sub>6</sub>

**SkO** 

Rs

Gs

 $\sim$  (*μl* $\rho$ )<sup>1/2</sup>/(2πΔ*r*) ~ 200 Hz



Interfacial mode due to discontinuity in shear modulus

1. Relativistic calculations of the oscillation frequency is important (eg., 50Hz and 150Hz resonance are very different)

$$
\Delta E \simeq 5 \times 10^{49} \text{ erg } f_{600}^{1/3} Q_{0.01}^2 M_{1.4}^{-2/3} R_{12}^2 q \left(\frac{2}{1+q}\right)^{5/3}
$$

$$
\delta \Phi = \frac{\omega_{\text{mode}} \Delta E}{P_{\text{GW}}} \simeq -0.12 f_{600}^{-2} Q_{0.01}^2 M_{1.4}^{-4} R_{12}^2 \frac{2q}{1+q}
$$

2. Hybrid method (GR background + Newtonian Cowling approximation of the oscillation) cannot guarantee the orthogonality of different modes, for example, eigenfunction of f-mode "enters into"inside other modes, causing large wrong tidal overlapping function

Lai, MNRAS, 1994; Passamonti & Andersson, MNRAS, 2021; Miao et al., ApJ, 2023

#### General relativistic perturbation theory

$$
\xi^{\mu} = r^{l} \begin{pmatrix} 0 \\ W r^{-1} e^{-\lambda/2} \\ -V r^{-2} \partial_{\theta} \\ -\frac{V}{r^{2} \sin^{2} \theta} \partial_{\phi} \end{pmatrix} P_{l}(\cos \theta) e^{i\omega t} \qquad \delta g_{\mu\nu} = -r^{l} \begin{pmatrix} H_{0} e^{\nu} & i\omega r H_{1} & 0 & 0 \\ i\omega r H_{1} & H_{2} e^{\lambda} & 0 & 0 \\ 0 & 0 & r^{2} K & 0 \\ 0 & 0 & 0 & r^{2} \sin^{2} \theta K \end{pmatrix} P_{l}(\cos \theta) e^{i\omega t}
$$

#### Strain tensor

$$
\delta s_{\mu}^{\nu} = \frac{1}{2} \left( \perp_{\mu}^{\sigma} \perp^{\lambda \nu} - \frac{1}{3} \perp_{\mu}^{\nu} \perp^{\sigma \lambda} \right) \Delta g_{\sigma \lambda}
$$

 $T_1 := \delta \pi_r^r$  *and*  $T_2 := \delta \pi_r^\theta$ 

Stress tensor

$$
\delta T_{\mu\nu}^{\rm tot} = \delta T_{\mu\nu} + \delta \pi_{\mu\nu}
$$

$$
\delta \pi_{\mu}^{\nu} = -2\check{\mu}\delta s_{\mu}^{\nu}
$$
\n
$$
\delta G_{\mu\nu} = 8\pi \delta T_{\mu\nu} \quad \text{and} \quad \delta \left( \nabla_{\mu} T^{\mu\nu} \right) = 0
$$

Detweiler & Lindblom, ApJ, 1983,1985; Charger & Andersson, PRD, 2015

#### General relativistic perturbation theory

$$
H'_{1} = \left[\frac{1}{2}(\lambda' - \nu') - \frac{l+1}{r}\right]H_{1} + \frac{e^{\lambda}}{r}[H_{2} + K - 16\pi(\rho + p)V],
$$
  
\n
$$
K' = \frac{1}{r}H_{2} + \frac{n+1}{r}H_{1} + \left[\frac{1}{2}\nu' - \frac{l+1}{r}\right]K - \frac{8\pi}{r}e^{\lambda/2}(\rho + p)W,
$$
  
\n
$$
H'_{0} = K' - re^{-\nu}\omega^{2}H_{1} - \left[\frac{1}{2}\nu' + \frac{l-1}{r}\right]H_{0} - \left[\frac{1}{2}\nu' + \frac{1}{r}\right]H_{2} + \frac{l}{r}K - \frac{16\pi}{r}T_{2},
$$
  
\n
$$
W' = -\frac{l+1}{r}W + re^{\lambda/2}\left[\frac{e^{-\nu/2}}{\gamma p}X - \frac{l(l+1)}{r^{2}}V + \frac{1}{2}H_{2} + K\right],
$$
  
\n
$$
V' = \frac{1}{2\mu r}T_{2} + \frac{e^{\lambda/2}}{r}W + \frac{2-l}{r}V,
$$
  
\n
$$
T'_{2} = -\frac{1}{2}re^{\lambda}(\rho + p)H_{0} + \left[\frac{4ne^{\lambda}\mu}{r} - e^{\lambda-\nu}r\omega^{2}(\rho + p)\right]V + e^{\lambda/2}p'W
$$
  
\n
$$
+ re^{\lambda-\nu/2}\left(X - \frac{1}{2r^{2}}e^{\nu/2}T_{1}\right) + \left[\frac{1}{2}(X' - \nu') - \frac{l+1}{r}\right]T_{2}.
$$

$$
H_2 = H_0 + 64\pi \tilde{\mu}V,
$$
  

$$
\left[\frac{re^{-\lambda}}{2}(r\nu' - 2) + (n+1)r\right]H_0 = r^2e^{-\lambda}\left[\omega^2re^{-\nu} - \frac{n+1}{2}\nu'\right]H_1
$$

$$
+\left[nr - \omega^2 r^3 e^{-\nu} - \frac{1}{4}r^2 e^{-\lambda} \nu'(r\nu' - 2)\right] K
$$
  
+ 
$$
8\pi r^3 e^{-\nu/2} X + 8\pi r T_1 - 16\pi r e^{-\lambda} T_2,
$$
  

$$
\frac{2}{3} e^{-\nu/2} \check{\mu} r^2 X - \frac{1}{4} \gamma p T_1 = \check{\mu} \gamma p \left[2e^{-\lambda/2} W - r^2 K + l(l+1)V\right].
$$

Joint condition



How to solve the system?

1. Center and surface boundary conditions for a given *ω*

2. The quasi normal mode only have outgoing gravitational waves

#### Summary

1. Global properties can give us constraints on EoS, but hard to give decisive answer

2. Modeled the dynamical evolution, timing, polarized emission of precessing NSs (searching template)

3. Found evidence of damped precession, deformation is consistent with current understanding of crust elasticity or high magnetic field, but the damping mechanism is still not clear (internal coupling or decreasing ellipticity)

Ongoing: modeling including complex deformation and damping

4. Dynamical tides can be used to probe the solid phase of NSs, but the detailed modeling within GR perturbation is still lacking.

Still need to do: Compare with Newtonian ones, EoS dependence, energy budget for crust shattering, GW phase contribution



## *Thank you for listening!*